

What's the Season?

Sun overhead. Must be summer.

Is it summer?

Hot, hot, hot!

Yes, it's summer.

Leaves float down. Must be fall.

Is it fall?

Colors tumble!

Yes, it's fall.

Long, cold nights. Must be winter.

Is it winter?

Rain and ice!

Yes, it's winter.

Birds take wing. Must be spring.

Is it spring?

Sing birds, sing!

Yes, it's spring.

- Mark Weakland

See below for movement suggestions (or make up your own)!

Movement suggestions for **What's the Season?** By Mark Weakland

Summer

Sweep hands overhead to touch the sunny sky.

Scratch forehead or chin for question.

Wipe the sweat off your brow.

Hands up for Yes

Fall

Flutter hands above head and down to feet

Scratch forehead or chin for question.

More fluttering motions

Hands up for Yes

Winter

Wrap hands and arms around for Brrr... cold

Scratch forehead or chin for question.

Hands on top of head, protecting it from rain and snow

Hands up for Yes

Spring

Flap arms

Scratch forehead or chin for question.

Arms out for opera singer. Sing the line, too

Hands up for Yes

Go back to beginning (cycle of the seasons), this time repeating it a little faster, Then one more time, fast!

NOTE: This poem also provides an opportunity to discuss and explore punctuation – periods, exclamation points, and question marks – as well as the intonation that goes with each mark.

Seasons Are Here

Leaves of brown
Tumble down.
Days are cool,
Fall is here.

Less daylight,
The longest night.
Sun is low.
Winter's here.

Buds of green,
Birds are seen.
Long, warm days.
Spring is here

Sweaty skin,
Heat soaks in.
Time to play.
Summer's here!

- Mark Weakland

The Wheel of the Year

Summer, summer, turning hot.

Long bright days, time to play, trips away.

Fall, fall, fading light.

Shorter days, close the pool, back to school.

Winter, winter, sleet and ice.

Longest night, cold winds blow, some get snow.

Spring, spring, turning green.

Earth comes to life, water flows, seeds sprout and grow.

Summer, summer, what have we found?

We've circled round!

- Mark Weakland

See below for movement suggestions (or make up your own)!

Movement suggestions for **The Wheel of the Year** by Mark Weakland

All stand in a circle

For summer, on first line, hold hands and take two or three steps to the right.

On the second line, stretch hands apart for “long” then do a “play” motion - throw a frisbee, skip rope, throw a ball, etc.

For fall, on first line, take a few more steps to the right.

For “close the pool,” stamp feet and say, “Aw!”

For winter, on first line, take a few more steps to the right.

For “cold winds blow”, pucker lips and blow gently. For “snow,” wrap arms and say brrr!

For spring, on first line, take a few more steps to the right.

For “water flows”, gently wave hands side to side. For “seeds sprout and grow,” crouch and then stretch upwards.

For last line, hold hands and take steps to the right until everyone has traveled back to the same place they started from!